

## Fitness For Life 5th Edition Answer Key

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Dr. Le Masurier has given more than 30 research and professional presentations at national and regional meetings. He reviews research for numerous professional journals and has contributed to Fitness for Life, Fifth Edition, and the Physical Best Activity Guide. Dr. Le Masurier is a member of AAHPERD, NASPE, ACSM, and Canadian AHPERD.

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